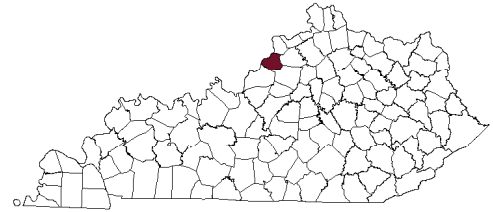


OLDHAM

A COMPARATIVE ASSESSMENT OF HEALTH RISK



Rank : 1

	County	State	Nation
Behavioral/Social Factors			
Prevalence of Smoking (percent adult population)	24	29	21
Prevalence of Youth Smoking (percent high school students)	22	25	23
Prevalence of Obesity (percent adult population)	13	29	24
Lack of Physical Activity (percent adult population)	12	32	24
Oral Health (percent adults missing 6 or more teeth)	18	37	33
Motor Vehicle Deaths (per 100,000,000 miles driven)	0.4	2.1	1.5
Violent Crime Offenses (per 100,000 population)	22	267	469
Drug Arrests (per 100,000 population)	37	1,046	700
Occupational Fatalities (per 100,000 workers)	4	8	5
Demographics			
High School Graduation (percent adults 25 or older)	87	72	80
Per Capita Personal Income	\$33,972	\$27,625	\$33,689
Population Age 65 or Older (percent)	10	11	13
Health Access			
Uninsured Population (percent under age 65)	8	15	16
Primary Care Physician to Population Ratio (1:3,500)	1.7	2.5	3.7
Adequacy of Prenatal Care (percent pregnant women)	95	85	75
Immunization Coverage (percent children 19-35 months)	89	80	81
Health Outcomes			
Low Birth Weight (per 1,000 live births)	7	8	8
Infant Mortality (per 1,000 live births)	5	7	7
Infectious Disease (per 100,000 population)	15	8	23
Prevalence of Diabetes (percent adults)	3	9	7
Limited Activities in Previous Month (percent adults)	29	28	19
Cardiovascular Deaths (per 100,000 population)	359	409	326
Cancer Deaths (per 100,000 population)	207	237	202
Total Mortality (per 100,000 population)	873	987	842
Premature Death (years lost per 100,000 population)	10,467	9,111	7,562
Cancer Death Rates (per 100,000 population)			
Lung/Bronchus	64	80	55
Colorectal	36	23	20
Breast	32	27	26
Prostate	53	33	28

Strengths:

*Low obesity
 Good physical activity
 Good oral health
 High graduation rate
 Well insured
 Low diabetes
 Low cardiovascular deaths
 Low total mortality*

Challenges:

*Smoking
 Lung/bronchus cancer*

Outliers:

*High colorectal cancer rate
 High breast cancer rate
 High prostate cancer rate*

Oldham County Health Synopsis

Oldham County has the lowest health risks among all Kentucky counties based on measures for this study. The county has the highest percent of high school graduates, insured residents, and low rates of obesity and diabetes diagnoses. The county also ranks well in terms of oral health, motor vehicle deaths, cancer, and total deaths. Community leaders can work to maintain these favorable health conditions and improve others by encouraging healthy behaviors. While smoking and lung cancer deaths for Oldham County are less than the average rate for Kentucky, they remain substantially higher than U.S. rates. Oldham County also has breast, colorectal, and prostate cancer rates that are higher than rates for both Kentucky and the nation. Programs designed to encourage smokers to cut back with the goal of quitting combined with a strong effort to discourage youth from starting to smoke are actions that can help lower lung cancer and smoking-related deaths. Regular screening and early detection and treatment can reduce breast, colorectal, and prostate cancer deaths.