

WHAT'S

Happening!

in Oldham County, Kentucky TM

Spring/Summer 2009

Celebrate Our County's Rural Heritage on May 9!



Bring your family and help celebrate Oldham County's rural heritage at Town & Country Day, Saturday, May 9.

Join us for Town & Country Day on Saturday, May 9, from 9 am until 3 pm at the Oldham County Fairgrounds in LaGrange. Help celebrate Oldham County's rural heritage and learn about services offered by the Cooperative Extension Service.

Farm animals, including donkeys, goats, horses, cattle and chickens will be on display. Food vendors, including the Oldham County Cattlemen's Association, will also be on site for this event. So bring your family and spend the day with us! Town & Country Day is sponsored by the Oldham County Cooperative Extension Service. We'll see you there!

Featured Events and Demos Include:

- Homemakers annual plant sale
- Ask a Master Gardener
- Antique iron tractors
- Pony rides
- Horse-drawn wagon rides
- Natural horsemanship
- Farmers Market vendors
- Spinning fiber
- 4-H Club games
- K & I model trains
- Dog agility
- Composting
- Beekeeping
- Going green
- Food preservation

Oldham County Cooperative Extension Service

COOPERATIVE
EXTENSION
SERVICE



College of Agriculture
4-H Youth Development



1815 N. Highway 393

LaGrange, KY 40031

phone: 502/222-9453

fax: 502/222-7930

Educational programs of Kentucky Cooperative Extension serve all people regardless of race, color, age, sex, religion, disability, or national origin.

www.ca.uky.edu/oldham

Spring Events Bloom @Your Library

The Literary Horse: When Legends Come To Life

The Photography of Vanessa Wright

To celebrate this year's Kentucky Derby, the Oldham County Public Library is hosting an equine-themed, nationally touring photography exhibit from April 13 to May 25. The exhibit, titled "The Literary Horse: When Legends Come to Life," will feature photos of today's horses and riders paired with quotations from well-known books. The nationally known artist is Vanessa Wright. The exhibit will be free to the public during the Main Library's open hours. The Main Library is located in LaGrange at 308 Yager Avenue.

Showcasing first-time riders through Special Olympic and Olympic champions, and equestrian disciplines ranging from carriage driving and show-jumping to jousting and vaulting (gymnastics on horseback), "The Literary Horse"



The exhibit features photos of horses and riders paired with quotations from well-known books.

provides visitors with a real-life tour of horse classics, such as The Iliad, Richard III, and Don Quixote, plus children's tales such as Cinderella, The Arabian Nights, and King Arthur and the Knights of the Round Table.

Artist Reception May 21

The Friends of the Oldham County Public Library will host a reception for Vanessa Wright at the Main Library in LaGrange on Thursday, May 21, from 6 to 8 pm. Both the exhibition and the reception are free.

Noted African American Pioneer Miles Dean to Speak on May 22

Also in conjunction with the Literary Horse Exhibit, the Library is honored to host Miles Dean, who made a historic ride from Manhattan to Los Angeles to raise awareness of African American contributions to history. Dean will speak about his 188-day journey on horseback at 4 pm at the Main Library in LaGrange.

Dean will be in the Louisville area to serve as the host for the National Day of the Black Jockey celebrations at the Kentucky Fair and Expo Center that weekend. Dean is also the founder of the Black



Heritage Riders, a non-profit organization that provides educational equestrian programs blending history, horsemanship and motivational learning in riding demonstrations, community workshops and camps for youth.

All
Library
Events Are
Free!

Solar Car Visit on May 9, 10 am-2 pm



The UK Solar car team will be visiting the Library with their award winning vehicle. They will be on hand to answer questions about solar technology and the Library will feature several exhibits about fuel and energy sustainability. Pick up a race course from one of the branches and join the Race to Read contest. Complete the track and win a chance at a prize. Race car and Indy enthusiasts will have a chance to see a real race car!

Grow With the Library, May 23, 10 am-4 pm

Like books? Like plants? Then get ready to Grow with the Library in May! South Oldham Library at 6720 W Hwy 146 in Crestwood is happy to sponsor the return of this popular event, including a book and plant sale in the front of the library, a silent auction of themed baskets to benefit the Crestwood branch, and tables and booths sponsored by community organizations. Come join us for a day of fun!

New Library Now Open



The new Main Library is now open at 308 Yager Avenue in LaGrange. All programs will be held at the Main Library. Outside of the exhibits and speakers, all library services and collections are available to you at all three library branches.

Oldham County Public Library



Main Library

308 Yager Avenue, LaGrange
PH: 222-9713 FAX: 222-9730

Hours M-Th: 9:30 am-8 pm,
Fri. & Sat.: 9:30 am-5 pm;
Closed Sunday

South Oldham Branch Library

6720 West Hwy. 146, Crestwood
PH: 241-1108

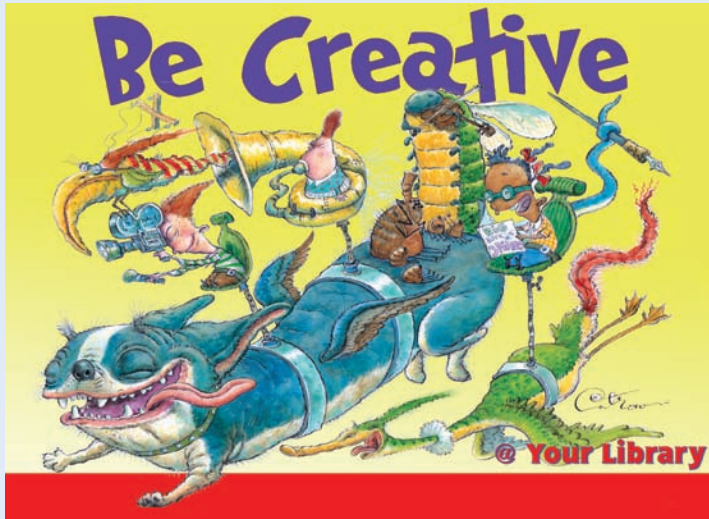
Hours M-Th: 10 am-8 pm,
Fri. & Sat.: 10 am-5 pm;
Closed Sunday

Mahan Oldham Branch Library

12505 Harmony Landing Rd., Goshen
PH: 228-1852

Hours M-Th: 10 am-8 pm,
Fri. & Sat.: 10 am-5 pm;
Closed Sunday

BE CREATIVE @ YOUR LIBRARY THIS SUMMER



The annual Summer Reading Program, everyone's favorite summer event at the Library, promises to provide entertainment-rich activities for Oldham's youngsters along with encouragement to read for fun!

The theme of "Be Creative" will stimulate summer reading and a love of the arts and there will be programs for teens and adults as well! All three libraries will offer opportunities for incentives and prizes, staples of the successful program. Sign-ups for the Summer Reading Program begin at all three libraries on June 8!

This summer all of the large performance events will be held at the new Main Library in LaGrange because of its spacious and comfortable new program areas.

SHOWS FOR CHILDREN

June 17—Tom Sparough, The Space Painter, will present two shows at the Main Library at 11 am and 1:30 pm. Audience participation, laughter, storytelling and juggling will delight children of all ages.

June 23—The MadCap Puppets present "Once Upon a Clock" at 1 pm.

July 1—The Silly Safaris, a perfect blend of fact and fun, will perform at 11 am and 1 pm

July 8—The Lexington Philharmonic Petting Zoo will present three shows at 11 am, 1 pm and 3 pm. You'll love this comical hands-on approach to musical instruments.

July 15—Sizzlin' Shakespeare presents "A Midsummer's Night Dream" at 1 pm. Look forward to a magical performance with music, puppetry, storytelling and lots of audience participation!

THE LIBRARY ENCOURAGES TEENS TO A.C.T. OUT IN THE LIBRARY

Tuesday evenings from July 2 - July 21

The Library is offering a special opportunity this summer for teens and young adults interested in the performing arts. A.C.T. stands for "All Creating Together" and is an 8-week long workshop designed to create a theatrical performance to be presented at the end of the summer. The workshops are free, but sign-ups are required which will ask for a commitment to attend 7 out of the 8 evening sessions. Call Bethany Morse at 222-9713, extension 302 for further information.

MASTER CLASSES WILL INSPIRE ADULT SUMMER READING

Thursday evenings at the Main Library

Adults are invited to attend Master Classes each week at the Main Library. The Master Classes will feature a different medium of the arts each week and include a chance to discuss techniques and methods with the artists and groups. Times will vary so be sure to check with your local branch.

June 11—Swing Street provides Big Band music at 6:30 pm.

June 18—The all-girl band, Say Darlin' Say, is back to provide their own blend of harmonic Bluegrass and folk music. 6:30 pm

TBA—The Art of Gardening—Learn to approach your garden with an artist's eye.

July 30—Artistic Appetizers—Chris Duncan returns to teach us how to create masterpieces for any party.

Aug. 4—See a dramatic performance of "The Love Letters."



Letter from the Judge/Executive



Duane Murner
Judge/Executive

In the last issue, we talked about the damage done in the County by Hurricane Ike. Now we are digging out from another, and worse, disaster — the ice storm of late January. The debris caused by the storm is estimated at more than double that from Hurricane Ike. We have had two to three crews working more than full time to remove debris from county roads. (The State is responsible for

numbered roads.) The procedure is the same as last time, i.e., homeowners are asked to pull debris to the front of their lots and our Road Department will make several passes through each subdivision to chip and haul it away. The whole process will probably take until late May.

The other notable event is the one affecting the entire country, and indeed the world — the economic recession that began in earnest last October. Fortunately, our County is slightly less affected than other local governments. Some of this occurs through luck, and some because of advance planning. The luck part is that since we do not have an occupational tax, we are not reliant on this source of revenue as other counties are. In fact, we are the largest county in the state that does not have this tax. Obviously, employer actions such as layoffs and furloughs directly affect occupational tax revenues. We also refrained from taking advantage of the state's loosened permission for counties to invest reserves in quasi-governmental common stock, such as Fannie Mae

and Freddie Mac. So our investment portfolio is relatively unaffected and, in addition, we have been able to re-finance some of our bond obligations at very favorable fixed rates of interest.

The advance planning part includes a painful layoff nearly two years ago of 10 permanent employees, and subsequent reduction, combination and part-timing of jobs through attrition, as well as increased cross-training and job-sharing. The result is that our full-time equivalent (or "FTE") staff is down 15%. We also reduced our gross expense budget by 7.3% at a time when this was an unheard of reduction in municipal expenses on a voluntary basis. We converted administrative space in our jail so that we could house an increased number of federal prisoners whose rate of compensation is much higher than for other prisoners. As a result, about \$250,000 was removed from that part of our budget used to subsidize the jail.

We also doubled the insurance premium tax from 5% to 10%

which was politically painful, but the responsible thing to do. And, finally, our newly-created utility, the Storm Water Management District, is collecting an annual fee of \$41.16 per homeowner to comply with a federal mandate and hopefully forestall heavy fines that other communities have experienced for failure to comply with the provisions of the federal Clean Water Act.

If this recession is long and deep, we will not be immune to its effects but, for now, we can continue to operate with very little reduction in services. We continue to monitor closely our revenue and expenses and we may have to take some unpleasant internal actions. But residents can be assured that your County will continue to provide vital services to residents and businesses and will not back away from its commitment to economic development which is so important to our future.

Our mantra for Oldham County is "Be safe, be clean, be great" in that order.

Dogs, Kids and Springtime!

All of us are ready for some pleasant weather and outdoor playtime. Children and pets can be a wonderful combination when both understand the rules of the game. Be sure your dog is current on vaccinations, license and worming. Now is a good time to get your pet checked by your veterinarian.

Cats should be vaccinated as well as dogs, particularly outdoor or barn cats. Some veterinarians recommend the vaccination of livestock as well. Be sure to keep your dog on your property

or under an adult's control when out for a walk. Many dogs are tempted to chase children on bicycles, scooters, skateboards, etc.

Teach children to stop and be quiet if they are afraid of a dog. Running, screaming and flailing can trigger a dog's prey drive. Standing still reduces this natural instinct. When children and dogs both understand the rules they can be delightful companions. The best way to stop dog bites is to prevent them in the first place.



When children and dogs both understand the rules they can be delightful companions.

Emergency Management Storm/Power Outage

Since January, 2008 we have had four major events that have all resulted in multi-day power outages throughout the County. First, straight-line winds that roared through Pewee Valley in January 2008, then Hurricane Ike on September 14, and finally a double hit this year with the ice storm in late January and high winds just a week later. The good news in all this is that there were no deaths in Oldham County as a result of these storms; other counties were not so fortunate.

Both the September wind storm and January ice storm were unprecedented events for us; 80% of the county went dark in September, and over 60% was out of power in January. Louisville Gas and Electric, along with Kentucky Utilities, provides the vast majority of electrical power to residents of Oldham County and it is their call as to the order of repair. As a rule, they concentrate on critical infrastructure first — Oldham County Central Dispatch (911/police/fire and EMS), hospitals and nursing homes, water and sewer treatment plants — the “masses” next, and finally the least populated areas or where more intensive labor is needed.

Valuable lessons were learned from these events and all affected agencies met after the September, January, and February events. Many good suggestions emerged from these meetings and Judge Murner has made it abundantly clear that these suggestions should be treated as a priority. Residents of Oldham County will be seeing more information in the coming months concerning emergency planning and what you can do to be ready. Work has already begun on a centralized phone number that residents can



There are many things that you can do to be prepared during an emergency or disaster. For more information, go to www.oldhamcounty.net and click on Departments, then Emergency Management.

call and get current and accurate information. Additionally, we are looking at creating a database that identifies special-needs residents so that we are better able to check on those who may be at risk.

Here are several other suggestions that you should be aware of:

- Stay as far away from downed utility lines as possible. What you may think is a cable television or telephone wire could be an energized power line.
- If you use a generator at your home, keep it outside in a well-

vented area, and a safe distance from doors and windows. NEVER, NEVER place a generator inside your home and make sure it is cooled down before adding fuel. Unused gasoline is to be disposed of properly.

- Heed warnings made by emergency personnel. If the fire or police departments advise that a road is not passable or there are cones up blocking access, do not attempt to drive around them.

- Be prepared to handle any emergency situation for 72 hours. Have plenty of non-perishable food

and water on hand. If you or a family member has special needs, make sure those special needs can be met. Make sure flashlights are available and have batteries. Also make sure you have a portable radio so that you can keep up with current news.

- Watch for falling limbs and debris overhead.
- Replace batteries in your hardwired (battery backup) smoke detectors following a lengthy power outage.

There are many other things that you can do to be prepared during an emergency or disaster. For more information go to www.oldhamcounty.net and click on Departments, then Emergency Management. There are links to several websites that can assist you in being better prepared the next time around.

The Emergency Management office wants to thank all the volunteers who chipped in during the event in January. Staff members took numerous phone calls at OCD from people who wanted to know what they could do to help out. Some volunteers worked at the shelters we had open, and some offered food and other items.

Emergency responders rose to the occasion and helped out as well. The majority of firefighters from Ballardsville, LaGrange, North Oldham, Pewee Valley, South Oldham, and Westport Fire Departments are volunteers. These folks left the comfort of their homes and took off from work to get out in the icy weather to make it safer for you. EMS, police, dispatchers, health department and Red Cross personnel are to be commended for a job well done also.

The Importance of Soil Quality

Healthy soil performs valuable functions that we often take for granted. Every day, each of us depends on healthy soils to perform functions such as purifying water, reducing flooding and producing an abundance of vegetables in our gardens and crops on our farms. The healthier our soils are, the better they are able to perform the necessary functions we all count on them to do. Unfortunately, for years we have promoted an unhealthy lifestyle for our soil resources yet we expect them to perform at an optimum level. A properly functioning soil ecosystem has good soil quality and has the ability to perform the following functions:

- Effectively cycling nutrients, making nutrients available to plants, and minimizing leaching of nutrients into ground and surface water.
- Minimizing runoff and erosion and maximizing water-holding capacity so water enters the soil and is available for plant growth. Healthy soil helps reduce surges of storm water by efficiently taking up and storing water.
- Adsorbing and filtering excess nutrients, sediments, and pollutants so water does not carry these contaminants to groundwater or surface water.
- Providing a healthy rooting environment and creating habitat for diverse plants, animals, and microbes living in and above the soil. In this way, healthy soil supports vigorous plant growth, suppresses many plant diseases, and reduces the costs of caring for turf and landscape plantings.
- Providing a stable foundation for structures. Soil stability can mean compacted subsoil under



Healthy soils are better able to perform the necessary functions we all count on them to do.

buildings and roads, and healthy soil and vegetation next to structures to prevent sliding and erosion. Obviously, the ideal soil parameters for supporting roads and houses are different than the ideal parameters for good plant growth and hydrology.

Many common development practices severely damage the long-term ability of soil to function. Often, large tracts of land are cleared of vegetation and left bare and unprotected for extended periods. The valuable topsoil erodes away or may be deliberately removed. Heavy equipment is driven over much of the soil, causing long-term deep compaction that reduces the ability of soil to absorb and hold water, and the ability of roots to penetrate through the soil. The layer of topsoil and sod placed on top of the compacted subsoil may be too thin to support healthy

turf and landscape plants. The plantings require frequent fertilizer applications and irrigation because the soil cannot hold adequate water and nutrients. Much of this damage can be prevented by preserving existing soil and vegetation if it is healthy (functioning well), limiting construction traffic to as small a portion of the development tract as possible, and ensuring adequate topsoil quality and depth.

Efforts to improve the soil quality requires following the same principles, whether you are in a rural, urban or suburban setting. Focusing on five areas of concern will offer the best chances of improving the quality of your soil.

1 Enhance Organic Matter

Whether your soil is naturally high or low in organic

matter, adding new organic matter every year is perhaps the most important way to improve and maintain soil quality. Regular additions of organic matter improve soil structure, enhance water and nutrient holding capacity, protect soil from erosion and compaction, and support a healthy community of soil organisms. Practices that increase organic matter include: leaving crop residues in the field, choosing crop rotations that include high residue plants, using optimal nutrient and water management practices to grow healthy plants with large amounts of roots and residue, growing cover crops, applying manure or compost, using low or no tillage systems, and mulching.

2 Avoid Excessive Tillage

Reducing tillage minimizes the loss of organic matter and protects the soil surface with plant residue. Tillage is used to loosen surface soil, prepare the seedbed, and control weeds and pests. But tillage can also break up soil structure, speed the decomposition and loss of organic matter, increase the threat of erosion, destroy the habitat of helpful organisms, and cause compaction.

3 Manage Pests and Nutrients Efficiently

An important function of soil is to buffer and detoxify chemicals, but soil's capacity for detoxification is limited. Pesticides and chemical fertilizers have valuable benefits, but they also can harm non-target organisms and pollute water and air if they

Oldham County Soil and Water Conservation District

are mismanaged. Nutrients from organic sources also can pollute when misapplied or over-applied. Efficient pest and nutrient management means testing and monitoring soil and pests; applying only the necessary chemicals, at the right time and place to get the job done; and taking advantage of non-chemical approaches to pest and nutrient management such as crop rotations, cover crops, and manure management.

4 Prevent Soil Compaction

Compaction reduces the amount of air, water, and space available to roots and soil organisms.

Compaction is caused by repeated traffic, heavy traffic, or traveling on wet soil. Deep compaction by heavy equipment is difficult or impossible to remedy, so prevention is essential.

5 Keep the Ground Covered

Bare soil is susceptible to wind and water erosion, and to drying and crusting. Ground cover protects soil, provides habitats for larger soil organisms, such as insects and earthworms, and can improve water availability. Ground can be covered by leaving crop residue on the surface or by planting cover crops. In addition to ground cover, living cover crops provide additional

organic matter, and continuous cover and food for soil organisms. Ground cover must be managed to prevent problems with delayed soil warming in spring, diseases, and excessive build-up of phosphorus at the surface.

Living an unhealthy lifestyle eventually catches up with all of us. This is no different with the

soils we either intentionally or unintentionally abuse. Returning our soils to a healthier condition is something we can all reap benefits from over time. A commitment to improve the soil quality on the large or small acreage under your control will make a difference to you as well as others.

Oldham County Soil and Water Conservation District

700 W. Jefferson Street, Suite A
LaGrange, KY 40031
E-mail: occd@insightbb.com

502/ 222-5123

www.oldhamccd.org



Oldham County Tourism

Tourism Promotes YOUR Business!

How many times have you heard we are in a recession? I don't know about you, but I'm ready to hear some solutions — or at least some new ideas! Oldham County Tourism has done just that. We've developed three marketing projects to help us promote you during these tough economic times — but we need your help to be successful!

Starting in April, Oldham County Tourism will begin our E-Newsletter

Marketing Campaign! We will be promoting to the hundreds of people who have requested information about Oldham County through the tourism website, our print advertising, and phone calls. Recipients will receive a monthly email from Oldham County Tourism complete with a monthly highlighted restaurant, a highlighted attraction or festival, and a highlighted monthly Travel Package to entice

them to visit Oldham County. Do you have out-of-town client emails you would like to include in the campaign? Email them to us and we will add them to the list! Deadline for inclusion in the May e-newsletter is May 1.

Secondly, we are developing Oldham County Travel Packages and Discounts. If your business could benefit directly from tourists and you would like to advertise special discounts or promotions, please forward those to us. These discounts will be categorized to create Travel Packages and will be advertised in print ads, on the tourism website, in our email marketing campaigns through December, and through our new hotel guest program! Possible package themes are couples

getaways, family getaways, girlfriend weekends, the great outdoors, and day trips. Deadline is May 1 to be included in the May e-newsletter. The sooner we receive your discount, the sooner we can advertise it! We are looking for great discounts to encourage our tourists to stay overnight and to support our local businesses while they are here.

Lastly, if you have an interest in promoting tourism in Oldham County, we are developing Tourism Committees to allow our local tourist businesses the opportunity to participate in tourist attraction. If you would like to discuss serving on a committee, please contact us with your interest and ideas! We look forward to hearing from you!

Oldham County Tourism

P.O. Box 529, Pewee Valley, KY 40056
Kim Buckler, Executive Director
Director's Cell: 502/817-6043 • Tourism Voicemail: 502/222-0056
Email: Director@TourOldhamCounty.com

Storm Water Questions & Answers

Why was the Oldham County Storm Water District formed? The District was created on August 6, 2008 by Oldham County Fiscal Court under Ordinance KOC 08-150-779. Public hearings were held December 16, 2008 and January 6, 2009 at Oldham County Fiscal Court to set the rate. The District is charged with the long-term responsibility of meeting water quality goals that were developed as part of the Clean Water Act of 1972. Protection of streams, rivers, and lakes has been required of all states by the Federal Government, and storm water regulation is a part of that protection.

Who determines the amount of the fee? Storm water user fees are set by the District, its board, and approved by Oldham County Fiscal Court.

Why am I paying this new fee? The “user fee” should not be construed as a “tax.” It supports clean water in our streams and lakes by creating revenue for the Oldham County Storm Water Management District (OCSWMD.) Programs to improve or maintain



clean water within the service area will be implemented. The public benefits from clean water, but the public also has to support it both in spirit and with financing.

Why am I sending my payment to Carol Stream, Illinois? Local and regional banks were not able to handle the entire processing of the payment. Extensive research was conducted on processing centers who could handle all aspects of the billing process. The facility in Illinois proved to be the most cost-effective program. Rest assured, all fees are credited to the Oldham County Storm Water District account. If residents prefer, they can pay by check or credit card in person at the Oldham County Fiscal Court Building, Second Floor, Suite 4.

What are the benefits of the program? Improving the

water quality benefits everyone by providing clean water for drinking, better habitat for fish and wildlife, and clean waterways for recreational activities.

Don't I pay for this through my water or sewer bill? The storm water fee is not a part of water or sewer bills. This fee addresses water pollution issues and prevention through public education on proper waste disposal. It also involves construction site inspections to ensure proper erosion control, routine maintenance and repair of storm water infrastructures as well as best management practices.

GET INVOLVED! Work with groups or teams to help clean up litter along the waterways, streets and roads. This not only makes our community shine but prevents litter and trash, which are harmful to

aquatic and wildlife, from getting into the storm sewers, creeks and streams.

Participate in the annual Ohio River Valley Sweep sponsored by ORSANCO. For more details, visit The Ohio River Valley Water Sanitation Commission website at www.orsanco.org.

Join a watershed workgroup — residents committed to maintaining or cleaning waterways and becoming advocates for clean water. Contact the Oldham County Storm Water Management District at 565-1010 for details on how you can become a member.

Build your own rain barrel (visit www.oldhamcounty.net for step-by-step instructions). Rain barrel and other water-related workshops are also being developed — check the website for details.

Never pour chemicals or medications down drains, toilets or on the ground. Report any instances of spills or dumping in waterways immediately by calling 565-1010.

REMEMBER, CLEAN WATER BEGINS WITH YOU!

Oldham County Government Offices

Duane Murner, Judge/Executive *e-mail:* dmurner@oldhamcounty.net
Paula Gish, Deputy Judge/Executive *e-mail:* pgish@oldhamcounty.net
phone: 502/222-9357 • *fax:* 502/222-3210

Your Magistrates

District #1	Steve Church	292-0372	stevecood1@yahoo.com
District #2	David Voegele	222-5780	davidvoegele@aol.com
District #3	Bob Leslie	225-4441	rleslie@oldhamcounty.net
District #4	Steve Greenwell	222-7912	springhillsteve@bellsouth.net
District #5	Iva Davis	241-9309	ivadavis@bellsouth.net
District #6	Scott Davis	742-0700	mail@scottmdavis.net
District #7	Rick Rash	241-5611	rickrash@insightbb.com
District #8	Bob Deibel, Jr.	241-4992	rdeibeljr@bellsouth.net

Departments

Animal Control
Barbara Rosenman, Director - 222-7387
brosenman@oldhamcounty.net

Building Maintenance:
Bill Tucker, Director - 222-3967
btucker@oldhamcounty.net

Emergency Management / OC Dispatch
Kevin Nuss, Director - 222-0799
knuss@oldhamcounty.net

Engineering
Beth Stuber, County Engineer - 222-1476
bstuber@oldhamcounty.net

Parks & Recreation
Tim Curtis, Director - 225-0655
tcurtis@oldhamcounty.net

Planning & Development Services
Louise Allen, Director - 222-1476
lallen@oldhamcounty.net

Police
Mike Griffin, Chief - 222-1300
mgriffin@oldhamcounty.net

Roads:
Brian Campbell, Road Superintendent - 222-0426
bcampbell@oldhamcounty.net

Solid Waste, Recycling
Linda Fountain, Director - 222-9357
lfountain@oldhamcounty.net

From the Board Chairwoman



Joyce Fletcher

On behalf of the Oldham County Board of Education, along with Superintendent Paul Upchurch, I am pleased to submit the following *Annual Report of Excellence*. As always, the primary focus of this

Board of Education is to make decisions based on what is best for kids. For the 21st century, our students must be academically competitive in math, science, and literacy, but they must also be able to problem solve, use critical thinking skills, be creative, be globally conscientious, and become affirmative leaders. As members of this Board of Education, my colleagues and I work diligently to adopt strong policies and support initiatives in the district that will enhance the work that is going on in all of our classrooms. We are also proactive in addressing state and national issues that will impact our

students, such as budget allocations and proposed changes to the Commonwealth Assessment. Finally, as a board we continually look for ways to improve communication and enhance representation of our Oldham County constituents, which has resulted in the implementation this year of the quarterly Town Hall Meetings. It is an honor and a pleasure for us to serve the students, staff, and families of this outstanding district.

Joyce Fletcher

Oldham County Board of Education Chairwoman

From the Superintendent



Paul Upchurch

It is my honor, as Superintendent of the Oldham County Schools, to present to the community our *Annual Report of Excellence*. This report highlights the district's accomplishments, noteworthy academic assessment results, historical trends and statistics. In this report you will also find information concerning the district's financial picture, the quality of our staff, and the unique curriculum in the arts that we offer our students.

The Oldham County school district's mission is to move a high performing and very successful school district toward a degree of excellence that will equip every student with the knowledge, critical life skills and strategies expected of a world-class education. Achieving these outcomes will position students to be productive and engaged citizens. The Oldham County Board of Education, in concert with district administrators, has established visionary student learning outcomes and classroom commitments for each of our schools. In addition, the Board and each school set achievement targets to help evaluate the level of learning experienced by students in relation to academic standards in the curriculum.

The success we have enjoyed in our school district over the past thirty plus years is no accident. Our school board, community, county leaders,

parents, school administrators, teachers and entire support staff have always kept the young people in Oldham County as a priority. We are so fortunate to have a team of dedicated men and women working for our district who are champions of both fiscal responsibility and community progress, and who are also committed to the development of our students. Today's students are our greatest resource and the gatekeepers of the future in Kentucky and across our great nation.

We are grateful that you, as community members, stand behind our mission as a district and support the schools in our community. We look forward to many exciting years to come as we continue the tradition of excellence in the Oldham County Schools.

Paul Upchurch

Superintendent of Schools

Oldham County Schools Annual Report of Excellence

2008 CATS Academic Indices

Overall 2008 CATS Academic Index for Oldham County Schools: 99.5

Elementary Academic Indices			Middle School Academic Indices			High School Academic Indices		
	District	State		District	State		District	State
Reading	102.08	94.5	Reading	107	91.5	Reading	100.77	87.7
Math	106.91	96.9	Math	104.8	85.0	Math	92.13	67.7
Science	110.60	97.4	Science	108.5	87.7	Science	86.28	71.0
Social Studies	94.91	86.4	Social Studies	103.8	86.1	Social Studies	93.35	73.2
Arts & Humanities	95.81	79.0	Arts & Humanities	100	83.9	Arts & Humanities	101.90	86.4
PLVS	98.07	88.6	PLVS	105.7	89.4	PLVS	101.58	83.3
Writing	93.05	89.3	Writing	93.22	80.0	Writing	87.07	75.05
Total Academic Index	101.5	90.3	Total Academic Index	103.3	86.22	Total Academic Index	93.6	77.77

Explore Data 2008

	East Oldham Middle	Oldham County Middle	North Oldham Middle	South Oldham Middle	State
Number of Students Tested	170	234	253	230	48,653
English	15.9	14.5	17.0	15.7	13.8
Math	16.8	15.7	17.4	17.0	14.6
Reading	15.8	14.6	15.9	15.4	13.9
Science	17.8	16.7	17.8	17.1	16.0
Composite	16.7	15.5	17.1	16.5	14.7

The EXPLORE program is a high school readiness examination designed to help 8th graders explore a broad range of options for their future. The exam assesses four subjects (English, mathematics, reading and science) and provides needs assessments and other components to help students plan for high school and beyond.

Plan Data 2008

	Oldham County High	North Oldham High	South Oldham High	State
Number of Students Tested	380	202	309	50,531
English	17.7	18.5	18.3	15.9
Math	18.1	19.1	19.0	16.4
Reading	17.2	18.4	18.4	16.0
Science	18.1	19.4	19.8	17.4
Composite	17.9	19.0	9.0	16.6

The PLAN program helps 10th graders build a solid foundation for future academic and career success and provides information needed to address school districts' high-priority issues. The exam assesses four subjects (English, mathematics, reading and science) and is a predictor of success on the ACT.

Non-Academic Data

	District	State
Graduation Rate	95.96	83.72
Attendance Rate	95.69	94.18

ACT Composite Score 2008 Graduating Seniors

Oldham County High School	22.5
North Oldham High School	23.60
South Oldham High School	23.40
State	20.90

Working Budget: 2008/2009

Revenue Source	General Fund
Beginning Balance	\$7,210,741
State SEEK Program-\$3,866 Base (08/09)	\$35,621,101
Local PROPERTY Taxes (R/E)	\$24,135,581
State Capital Outlay	
State FSKP-Match	
Other Local Taxes (Utility/MVT/Delinquent)	\$6,215,000
Other Fed/State/Local Sources/Interest/Reimb	\$3,899,529
TOTAL Revenues	\$77,081,952

Expenditures	
Instruction & Support-Teach/Aide/Library/Guid	\$49,481,690
Plant Operation/Maintenance/Planning	\$6,592,651
Student Transportation-Driving/Maint/Fuel	\$5,619,141
School Admin Support-Principals/Office Staff	\$4,426,852
District & Admin-C/O/Tech/Software/TaxC/Insur	\$3,090,493
<i>Salaries & Benefits \$1,660,250 Non-Salary Items \$1,430,243</i>	
Debt Service/Mortgage-Buses	\$969,154
Other-KETS Computer Match/Community	\$222,954
Debt Service/Mortgage Pymnts-School Facilities	\$0
Construction/Renovation/Land Acquisition	\$0
Contingency	\$6,679,017
TOTAL Expenses	\$77,081,952

Summary of District Budget

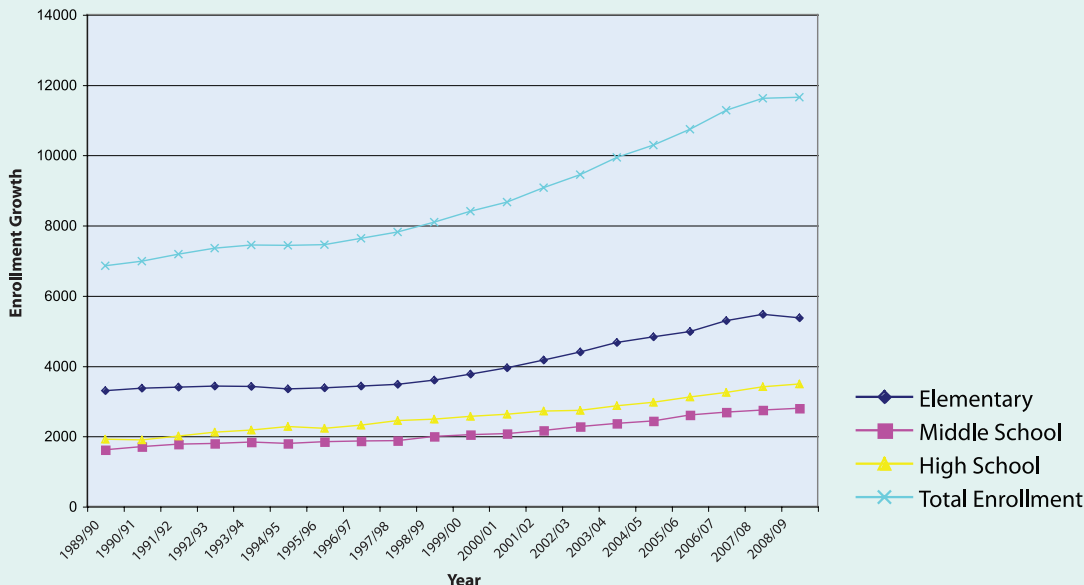
Fund 1-General Fund- FY 2008/2009	\$77,081,952
Fund 2-Grant Fund FY 2008/2009	\$5,890,220
Fund 310-Capital Outlay-FY 2008/2009	\$1,069,819
Fund 320-Building Fund-FY 2008/2009	\$13,821,572
Fund 51-Food Service FY 2008/2009	\$4,806,436
TOTAL District Budget for FY 2008/2009	\$102,669,999

2006/2007 Operating Revenue per Pupil

based on 2006/2007 State comparisons:

Bullitt County	\$6,385
Oldham County	\$6,447
Franklin County	\$6,958
Trimble County	\$7,178
Henry County	\$7,216
Shelby County	\$7,456
Jefferson County	\$9,290
State Average	\$7,766

Enrollment Growth



Quality Staff

Certified Staff Members: 890
 Media Specialists/Librarians: 19
 School Based Administrators: 42
 School Based Support Staff: 535
 Central Office Administrators: 9
 Central Office Support Staff: 49
 Other District Maintenance/
 Grounds Staff: 174

National Board Certified Teachers: 94

Percent of our classes taught by teachers who participate in content-focused professional development: 100%

Average years of teaching experience: 10.8

Number of teachers with a master's degree: 48.9%

Number of teachers with a Rank I: 31.8%

Recognizing Excellence in 2008

The following award recipients exemplify the spirit of excellence at Oldham County Schools.

■ **Two Time Energy Star Award Recipient:** Harmony Elementary

■ **National Merit Scholars:**
Oldham County High School: Andrea Atkin, Sean Krueer, Elizabeth Schaller;
North Oldham High School: Joshua Rosenberg

■ **Kentucky Department of Education & Ashland Inc. Teacher of Achievement:** Craig Grimm, North Oldham High School Teacher

■ **Kentucky History Teacher of the Year:** Keely Green, North Oldham Middle School Teacher

■ **OfficeMax A Day Made Better Award Winner:** Tina Taylor, Crestwood Elementary Teacher

■ **SENG (Supporting Emotional Needs of the Gifted) Honor Roll:** Amy Cordrey, Goshen Elementary Assistant Principal

■ **Creative Communications Anthology Top Ten Winners:** Christopher Stowers and Kennedy Ricci, Crestwood Elementary students

■ **Boys' Cross Country State Champions:** North Oldham High School

■ **Boys' Cross Country Third Place:** South Oldham High School

■ **Girls' Cross Country State Champions:** South Oldham High School

■ **Boys' Individual Cross Country State Champion:** Jacob Law, SOHS

■ **Girls' Individual Cross Country State Champion:** Jessica Murner, SOHS

■ **Physical Education Teacher of the Year:** Cindy Meyer, Goshen Elementary

■ **Three-Star Rating, Stars for Kids Now Program:** Centerfield Elementary Cub Club

■ **U.S. News & World Report "Best High School 2009 Search" Recipients:** North Oldham High School, South Oldham High School

■ **University of Louisville McConnell Teacher Scholars Program:** James Riffe, South Oldham High School Teacher

■ **Kennedy Center Alliance for Arts Education Network and National School Boards Association Kentucky Grant Nominee:** Oldham County Board of Education

■ **2009 Siemens Award for Advanced Placement:** Pete Williams, North Oldham High School Teacher

■ **Kentucky School to Watch:** Oldham County Middle School (2008); South Oldham Middle School (2009)

■ **MAC Grant Award Winner:** Andrea Higdon, East Oldham Middle School Teacher

■ **JamFest National Champions:** North Oldham High School Cheerleading Squad

■ **Kentucky Youth Assembly: Outstanding Delegation Award:** South Oldham High School; **Outstanding Speaker Award:** Ian Akers, South Oldham High School; Ben Zaepfel, North Oldham High School; Danielle Thompson, North Oldham High School

■ **Prudential President's Volunteer Service Award:** Andrea Atkin, Oldham County High School

■ **International Center for Leadership in Education Model Middle School:** North Oldham Middle School

■ **What Parents Want Award:** Oldham County Board of Education

■ **Outstanding Achievement in School Information Services:** First place, Photography Essay; Second Place, Photography Essay; Second Place, Electronic Newsletter

■ **Department of Energy Middle School Science Bowl, Regional Champions:** North Oldham Middle School

■ **Ice Hockey State Champions:** Oldham County Hockey Team

■ **Kentucky School Counselor Association Principal of the Year Award:** Stu Martin, Camden Station Elementary Principal

■ **Kentucky School Counselor Association Counselor of the Year Award:** Brittany Ford, Camden Station Elementary Guidance Counselor

■ **Kentucky School Counselor Association Emerging Leader Award:** Brittany Ford, Camden Station Elementary Guidance Counselor

■ **2009 Kentucky English Speaking Union Teacher Representative:** Kate Nitzken, South Oldham High School Teacher

■ **Kentucky Coalition for School Age Child Care "Program of the Year" Award:** LaGrange Elementary After-School Care Program

■ **Kentucky Coalition for School Age Child Care "Director of the Year" Award:** Shallen Rich, Centerfield Elementary After-School Care Program

Oldham County Schools MISSION

Graduates of Oldham County Schools will pursue a life of continuous learning, contribute to their communities, participate thoughtfully in American democracy, and compete successfully in the local, national and international economy.



Oldham County Schools

Mailing Address:
P.O. Box 218, Buckner, KY 40010

Physical Address:
6165 W. Hwy. 146
Crestwood, KY 40014

phone: 502/241-3500
fax: 502/241-3209



Oldham County Adult Education — What's Next?

“What’s Next?” This is the question we ask our students when they come to the Adult Education Program to begin the work toward attaining their GED. We will assess them and give them instruction in the areas they need help, encourage them and set up the testing dates when they are ready to take the test. It is up to that individual student to have the commitment and dedication to follow through on the recommendations and work hard to pass their test.

Once the goal is set to get their GED we then move to the next level of questions, “What are your plans

after getting your GED?” We always discuss options with the students such as going to college or a trade school, getting a job or doing what they need to do to be ready for a promotion at their current job. For students who do not have a job, we can offer assistance in resume’ writing and offer a career inventory assessment.

We are available to help our students in any way we possibly can. According to the U.S. Census Bureau, a person with a high school diploma or GED makes \$7,400 per year more than a person without those credentials. The potential to

make a higher income rises with any additional formal education a person has attained.

In addition to the GED classes the Oldham County Adult Education Program offers to all adults in our community math and grammar refresher classes, ACT preparation to students who are not enrolled in a secondary program, basic computer classes and English as a Second Language (ESL) classes. All of our classes and services are free.

Adult Education Online

Oldham County Adult Education offers an Online Learning Program

for adults wishing to obtain their GED or prepare for college entrance exams. With Plato Online Learning you can make your own schedule and work from home. If you have access to high speed Internet, we can custom design a learning program just for you. You will be required to complete 12 hours of work in the Center in order to qualify.

For more information about the Online Learning Program or any of the Adult Education Programs, please call 241-6018 or e-mail suzette.ertel@oldham.kyschools.us.

Adult Education in LaGrange

Oldham County Adult Education has recently partnered with the Oldham County YMCA to offer GED instruction at the LaGrange Community Center. Classes are every Wednesday from 3:30 - 8 pm. Instructors Megan Wright and Katy Cerwinske provide a tutoring-type setting with a low student-to-instructor ratio. Due to the central location of the LaGrange Community Center at 307 West Jefferson Street, many find it easily within walking distance from their home or workplace. While a student is studying, his or her family members are welcome to use the basketball

facilities and game room to pass the time.

With the rise in gas prices and unemployment, The Adult Education Center has the unique opportunity to make our services more accessible to the city of LaGrange. No appointment is necessary at the Community Center. Instructors are available to help you every step of the way. Start working toward your GED and take advantage of the inviting atmosphere that Oldham County Adult Education offers at the LaGrange Community Center today! For more information, please call 241-6018 ext. 163.

Become a Life Long Learner

Face it — life can be hectic! You’re working, running the kids here and there after school, and trying to run your household. What about you? Haven’t you always wanted to do something just for you? Maybe you’d like to become a better photographer, learn Spanish, or improve your computer skills. Through Community Education, you have the opportunity to learn something new, improve yourself, meet new people, and have some fun along the way.

Community Education offers enrichment classes for adults ages 18 years and up. Classes are usually held in the evening at the Oldham County Schools Arts Center in Crestwood.

Bulletins are mailed twice a year, (January and August), to all residents of Oldham County with current class offerings, descriptions, cost, etc. Some of the classes offered in the past have included: Sign Language, Spanish, MS Word, Digital Photography, Basic Cake Decorating, Excel, Calligraphy, Feng Shui, Floral Arranging,

PowerPoint, Self-Defense, Publisher, Child Care Classes, and more.

You can also go to our website to see what is happening. We are always looking for new class ideas so please feel free to let us know what type of classes you would like us to consider offering.



Community Education offers enrichment classes for adults ages 18 years and up.

Oldham County Schools Adult Education

Oldham County Schools Arts Center
7105 Floydsburg Road, Crestwood, Ky. 40014 • phone: 502/241-6018

Adult Education Center

Monday, Tuesday and Thursday, 10 am - 8 pm
Wednesday, 10 am - 4:30 pm

La Grange Community Center Site

Wednesday, 3:30 pm - 8 pm

John W. Black Aquatic Center 502/225-0656



Pool Opens Saturday, May 23 at 12 noon

For our full pool brochure, visit www.oldhamcounty.net

Pool Hours: Monday-Saturday 12 -7 pm; Sundays 1 - 6 pm

Pool Party Rentals

The Aquatic Center may be rented for parties on Wednesday, Friday, Saturday and Sunday evenings. For fees and available dates, call 225-0656.

Group Rates

Civic, youth and non-profit groups of 15 or more receive a discounted rate of \$3.50 per person during regular pool hours. Call ahead to receive group rates and reservations are required.

Water Fitness Classes

A great workout in a relaxing, stress free environment! Classes meet Monday, Wednesday, Friday, and Saturday mornings from 10:15-11:15 am, and Tuesday and Thursday evenings from 6 -7 pm. \$36 for 8 classes (only \$24 with a season pass).

Swim Lessons

We offer swim lessons on a variety of days and times for anyone ages 3 and up. Six classes cost \$54. Call us for registration information.

Swim Team

The Oldham County "Piranhas" swim team is a member of the Louisville Swim Association. The season runs from late May through mid-July. The cost is \$100 per swimmer (ages 5-18). Call us to get involved.

Dog Party: Sunday, September 13, 1 - 3 pm

Bring your dog to the Oldham County Aquatic Center for a dip in the pool held on the last day of the Aquatic Center season from 1 -3 pm. Only \$5 per pup, people are free! Immunization records from your veterinarian must be shown at entrance to enter pool area.

Aquatic Center Admission Cost

Ages 2 and under - Free	Ages 13-59 - \$5
Ages 3-12 - \$4	Ages 60 and up - \$3

Season Pool Passes

Family Pass (4 family members) - OC residents - \$250
Family Pass (3 family members) - OC residents - \$200
Family Pass (2 adults) - OC residents - \$150
Family Pass (1 adult and 1 child) - OC residents - \$125
Individual Pass (ages 13 and up) - OC residents - \$100
Senior Pass (ages 60 and up) - OC Residents - \$90

Out-of-county pool passes add \$25 fee.

Upcoming Programs and Events

For our full schedule of activities and registration forms, visit www.oldhamcounty.net

UPCOMING PROGRAMS

Kickball League

The fun doesn't have to stop just because you grew up! Come get your kicks in our league for ages 16 and up! Games will be played on Saturday mornings starting in May at our softball complex. The league fee of \$100 per team or \$7.50 per person gets you 6 games plus a season-ending tournament.

Fun-tastic Day Camp

Hey parents ... are you looking for something for your kids to do over the summer? Try our Fun-tastic Day Camp! Camps run Monday, Wednesday, and Friday from 9:30 am - 2:30 pm. The cost is \$45 per session. Each day we will have fun activities, a craft and a dip in the pool. Your child needs to bring a sack lunch, bathing suit and towel! Camps are for ages 7-9 and 10-12. Call us for more information.

Kids Wilderness Camp

Hey kids! Are you between the ages of 9-12 and would like to discover the natural environment surrounding us all? Well here is the camp for you. Camp meets Monday, Wednesday, and Friday from 9:30 am - 12:30 pm at the Morgan Conservation Park. We will have lots of fun and educational activities focusing on nature! The camp costs \$45; call us for dates!

Youth & Adult Tennis Lessons

Join us for tennis lessons for adults ages 18 and over and kids ages 6-8 and 9-12. Lessons meet at the courts at Wendell Moore Park, Briar Hill Park and Immaculate Conception School. Morning classes meet twice a week for four weeks for \$48; Evening classes meet once a week for 6 weeks for \$36. Maximum of 8 students per class, minimum of 4.

To begin receiving the monthly Parks and Recreation e-newsletter, send an e-mail to: tcurtis@oldhamcounty.net. Type e-news in the subject line!

Beginning Youth Golf Clinic

Oldham County Parks and Recreation, along with Crestwood Driving Range, offers a five-week golf program each summer for children ages 6-12. The clinic meets one evening per week beginning in early June. \$80 per participant.

U.S.S.S.A. Spring Softball Leagues

Registration for adult men's, coed and women's spring softball ends April 6. The registration fee is \$375 per team (includes U.S.S.S.A. sanction fee plus 10 balls) for an 8-week schedule plus a single-elimination tournament. League play begins the week of April 14. Mandatory Captain's meeting April 8. Awards given to league winners

SPECIAL EVENTS

Mother / Son Dance: May 15, 6:30-8:30 pm

Hey Moms, on the Friday after Mother's Day, here's a chance for you to have a fun night out with your favorite fella! At the John W. Black Community Center, come dance to some great tunes spun by a live DJ. For only \$12 per couple, we will provide light refreshments, contests, and a carnation to pin on the lapel of your young gentleman. There will be a photographer on hand to capture this special moment. Call 225-0655 for tickets.

National Trails Day: June 6, 8 am-12 noon

Come to the Morgan Conservation Park for our celebration of National Trails Day sponsored by the Oldham County Conservation District. You can help us work in the park creating a new trail and clearing invasive species. Pre-register your group and receive lunch on us!

Take Me Fishing: June 6, 8 - 10 am

Get a line, a pole, and the whole family and come to Wendell Moore Park for a fun time at the ol' fishin' hole! June 6 is a free fishing day and no fishing license is required to introduce your family to this lifelong recreational

activity. The biggest fish caught will net you a prize. We have a limited number of poles available for loan. Call us for more information!

Duathlon: June 20 Participants will run a 3K on course that includes firm surfaces and cross-country segments, a 10-mile bike ride, on a non-closed road course, and finish up with another 3K run. The race costs \$35 per individual. Non-USAT members must add \$10 per participant to cover one-day insurance. Prizes will be awarded for top finishers. Early registration ends June 5.

July 4th Freedom

Celebration Join us at Wendell Moore Park on the 4th of July for our FREE countywide celebration of our nation's independence. The festivities kick off in the afternoon with pool games and other activities in the park. The day concludes with a spectacular fireworks display over the lake.

Championship Golf Tournament: Saturday and Sunday, July 11 & 12

The registration fee of \$60 includes golf with cart and awards for each flight. Registration begins May 1 and runs until 3 days before the event. Tee times start at 11 am on Saturday and 1 pm on Sunday. Tournament is open to males ages 16 and over. This year's event is scheduled for Eagle Creek Golf Course.

Cornhole Tournament: August 15, 11 am

Our inaugural cornhole tournament will be held at Wendell Moore Park. Entry fee: \$40 per team if entered by 7/1, \$50 thereafter. Prizes to be announced.

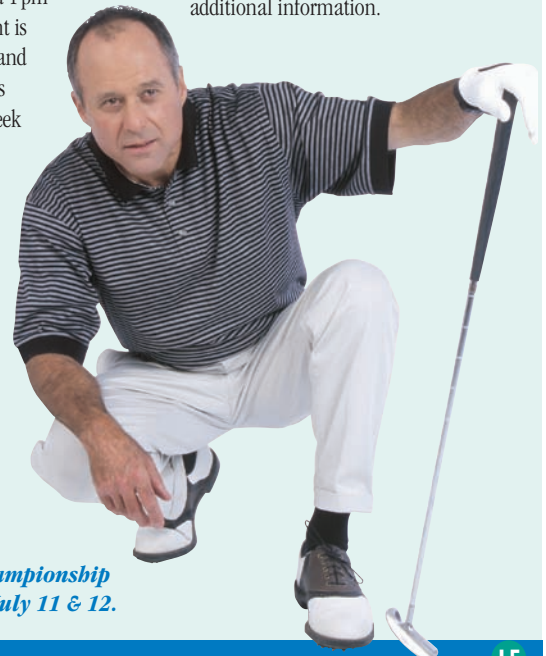
Register for the Championship Golf Tournament, July 11 & 12.

Mini-Triathlon: Saturday, September 12

Our USAT sanctioned Mini-Triathlon is held at Wendell Moore Park on the first Saturday after Labor Day. The event includes a 400-meter pool swim, an 8-mile bike ride on a non-closed road course and a 3K run that includes firm surfaces and cross-country segments. The race costs \$45 per individual and \$75 for three-person teams. Non-USAT members must add \$10 per participant to cover one-day insurance. The top three finishers in a variety of age groups as well as the men & women's overall winner receive awards. Registration begins July 1 and must be turned in by August 28. Maximum participation is 250 entries.

Punt, Pass & Kick Competition: Sunday, October 4

Come take part in the official NFL Punt, Pass & Kick competition at the Wendell Moore Park Youth Football Complex. The competition for boys and girls ages 8-15 starts at 1:30 pm, come no later than 1 pm to sign-up. The top scorer in all age divisions from each Local Competition from each of the boys' and girls' divisions will advance to the Sectional Competition. Call us at 225-0655 for additional information.



Baptist Hospital Northeast Adds Digital Mammography, Evening Hours for Diagnostic Imaging

Shorter mammography exam and wait times are expected with the new Lorad® digital mammography equipment recently installed at Baptist Hospital Northeast. The turnaround time for patients is much faster. One digital unit is capable of doing the work of two analog units.

Other benefits include flexible paddles that sense breast thickness for more comfortable compression, reduced radiation exposure and fewer false positives. Digital mammography provides sharper images, which can be computer-enhanced for viewing, leading to the best possible diagnostic-quality images and fewer return visits for further examinations.

For a softer, warmer mammogram, Baptist Northeast uses the MammoPad®, a foam cushion which also allows X-rays

to pass through. For improved cancer detection, Baptist Northeast is using a computer-aided system, the R2 ImageChecker®, to analyze mammograms by identifying areas containing features associated with cancer that warrant further examination.

With the digital technology, images can be sent electronically, allowing radiologists at Baptist Northeast to review current mammograms taken on-site as well as comparison mammograms taken off-site.

To schedule a mammogram, call One Call scheduling at ext. 3939.

Extended Hours

Diagnostic Imaging Services has extended hours for some of its services. The department offers the following services until 8 pm on the days listed:



Shorter exam times, increased comfort and improved cancer detection are some of the benefits of the new digital mammography equipment at Baptist Hospital Northeast.

- MRI – Tuesday and Thursday
- Multi-slice CT scanning – Monday through Friday
- Diagnostic ultrasound – Wednesday through Friday
- Mammography and DEXA bone density testing – Wednesday

For more information about Diagnostic Imaging Services at Baptist Northeast, call 502/222-3620.

Medical Explorers Reap District Awards



Emalee Huber, center, a member of Baptist Hospital Northeast's Medical Explorers group, won two awards at the 2009 Enterprise District Recognition Dinner Jan. 17 at the Sam Swope Scout Center in Louisville: the Young American Award and the Learning for Life Leadership Award. The hospital's Medical Explorers group won the Quality District Award.

Shown with Huber are Mark Wilson, Enterprise District field director; and Cindy Moore, co-leader of the Baptist Northeast group. The Medical Explorers is a co-ed club, open to all students ages 14-20 interested in pursuing careers in medicine or learning more about opportunities in the medical field. For more information about joining the Medical Explorers, call Cindy Moore at 502/222-8613, or Donna Collins at 502/222-3941.

Respiratory Care Recognized

Baptist Hospital Northeast has earned Quality Respiratory Care Recognition (QRCR) under a national program aimed at helping patients and families make informed decisions about the quality of the respiratory care services available in hospitals. About 700 hospitals, or approximately 15 percent of the hospitals in the United States, have applied for and received this award. This is the second consecutive year that Baptist Northeast's Respiratory

Care department has earned this award.

The QRCR program was started by the American Association for Respiratory Care (AARC) in 2003 to help consumers identify those facilities using qualified respiratory therapists. Hospitals that earn the QRCR designation ensure patient safety by agreeing to adhere to a strict set of criteria governing respiratory care services.

UPCOMING EVENTS

Colon Cancer Support Group - 6 pm, Tuesday, May 19, Conference Center. Free and open to anyone affected by colon cancer. For more information, call the Colon Cancer Prevention Project at (502) 290-0288.

Living Well with Diabetes Support Group - 7 pm, Tuesday, May 19, Conference Center. An educational speaker and open forum. Free. For more information, call Angela Madden at (502) 222-3344.

Prenatal Classes: All classes are free and held in the Conference Center. Registration is required by calling the Baptist Northeast Information Center at (502) 222-3627, or register online at baptistnortheast.com/babysteps.

All About Labor - 7-9 pm, Thursday, May 7

Anesthesia - 7-8 pm, Monday, May 11

Breastfeeding Your Newborn - 7-8:30 pm, Tuesday, May 12

Sibling - 7-8 pm, Thursday, May 21

Baptist Hospital Northeast

1025 New Moody Lane, LaGrange, KY 40031

Patient Information: 502/222-5388

Physician Referral: 502/222-3627
baptistnortheast.com



The HDB Service Group, Inc.

Transportation and Healthcare

The HDB Service Group, Inc., a nonprofit organization, has been serving Oldham County exclusively for seven years. LOCAL Transit, HDB's fixed route bus service, has two routes with 16 stops each helping people access grocery stores, LaGrange businesses and government offices. A new route, The Green Route, connects LaGrange and Buckner to increase transportation options for more people in the county. LOCAL Transit and TARC plan to work closely together as demand increases for access to Oldham County's developing employment sites.

Another HDB service is The Community Care Clinic, a free clinic for the uninsured. Staffed by

volunteer healthcare professionals, the clinic provides primary care, but not specialty or urgent care in five clinics per month where patients are seen by appointment only. Future plans include daily clinic hours so more patients can be seen with shorter wait times.

In addition to medical care, the clinic helps its patients, regardless of where they live, obtain their prescribed medications free of charge through special programs. HDB is Oldham County's Lead Agency for the new state program called Kentucky Prescription Assistance Program which will be unveiled later this spring. MedTrans of Oldham County, HDB's original non-emergency medical transportation



Left: LOCAL Transit has served Oldham County for four years.
Right: HDB Service Group's namesake, LT Henry Dennis Babers, USMC. LT Babers was killed in action in Vietnam and posthumously received the Navy and Marine Corps Medal for Heroism.

service, provides transportation to clinic appointments when needed.

Named for the founder's brother who lost his life in Vietnam in 1967 while saving the lives of other Marines, HDB fulfills his legacy of

commitment and service by bringing vital links to transportation and healthcare in Oldham County. Visit www.hdbservicegroup.com or call 502/222-6400 for information.

Register Now for Arts Center Summer Camps

Musical Theatre, Rock Camp, and Digital Photography are back by popular demand, plus many more.

Hot fun in the summertime! It's time to plan for some really cool arts activities for your children ages 3 1/2 to 17 at the Oldham County Schools Arts Center. Our fifth year of summer camps offers some of our most popular camps in music, art, dance and theatre along with private lessons for children and adults. We're looking forward to seeing our seasoned campers return and hopefully some fresh new faces, too!

Camps are scheduled for half days and run for one week, Monday through Friday. You may register campers for a morning and afternoon camp to create a full day, full week camp experience which will include a supervised lunch.

If musical theatre is a passion or you think your child has some thespian flair we offer Summer Musical Theatre or Mini Musical Theatre Camp. They will learn all aspects of musical theatre from acting, singing, and dancing to choreography. Campers may also take a Theatre Scene Design Art Camp where they will design and paint a backdrop that is creative and fun and make it come alive for the musical theatre camps. Camps may be taken separately or combined to make a full day of camp for ages 3 1/2-17 years.

The Arts Center hopes to fulfill any camper's desire with a wide range of music camps this summer. Rock 'n' Roll Explorations, School of Rock, and Girls Rock! Camps are for ages 7 – 17 years with all levels of experience. All three camps will offer the opportunity to play within a band, work on vocals, songwriting,

recordings, and CD design. Plus, there will be a Camp Concert at the end of the week. Chamber Music Camp is offered for advanced players.

It's an intensive week dedicated to the art of chamber music. String students will be placed in a trio, quartet, or quintet coached by some of the best professional chamber musicians in Louisville. Existing groups are welcome. The Arts Center music staff also offers private music lessons for all ages. The beginning student through advanced player is welcome to register for private lessons in violin, viola, cello, piano, voice, guitar, electric guitar, bass, keyboard, or drums.

Internationally known and MTV Award winning choreographer LaVelle Smith is back again by popular demand to instruct our Jazz and Hip Hop Camp. Let your children work with one of the best! Campers learn the latest in Hip Hop and Jazz dance steps as well as improve their level of fitness. This camp is for grades 5 – 12, intermediate through advanced dancers and is open to dance teams. We also offer a fantasy dance class for ages 3 1/2 - 6 years. Fairy Princess Dance Camp will have children dancing like rainbows, moving like the wind and twirling like princesses. The campers will also create crafts to enhance their activities.

Visual Arts camps are available for ages 4 years and up. All About Clay Art Camps are available for Grades 1st – 12th. They will learn to prepare clay, hand-building, and decorating techniques, glazing and firing. Super Hero/Princess Art Camp

Stimulate Your Child's Creativity!



is for 4 year olds and up. The Super Heroes will make their own costume, utility belt, and special tools for the hero of their choice. They will also make their own arch-nemesis out of clay. The little Princesses will make princess jewelry and jewelry boxes, a princess skirt, and even their own mini castle out of clay. At Comic Book Art Camp the camper is the illustrator and author. For 2nd grade and up, children will develop a story line and draw panels for a comic book while they explore action figure perspective and comic book layout. At the end of the camp they will have a finished book to take home that will be printed and bound just like a real comic. Our Digital Photography Camp for grades 7-12 will teach our campers to take landscape, portraits, and still life photographs. They will learn the basics of good photography and then have fun applying special effects with Adobe Photoshop

Elements. A digital camera to use for the week is a requirement.

To register for classes or request our summer brochure, call the Arts Center at 502/241-6018. You can also view all information online: camp descriptions, times, costs, and registration forms on our website at www.oldhamcountyartscenter.com. We accept cash, check, or credit cards (Visa or Mastercard) for deposits and payments. Stimulate your child's creativity this summer at the Oldham County Schools Arts Center!

OC Schools Arts Center



...Where the spirit of creativity sparks the artist in everyone
7105 Floydsburg Rd.,
Crestwood, KY 40014
ph: 502/241-6018
fax: 502/241-4068

UPCOMING EVENTS

Oldham County Schools Arts Center

Times and dates are subject to change. Call or visit www.oldhamcountyartscenter.com for current information.

Harry Pickens Artist Residency Gala Concert -

April 30, 7:30 pm

All-County High School Art Show Opening -

May 7, 6 pm

Student Art Display in the Business and Professional Women's Art Gallery -

Month of May

NOHS Speech Contest -

May 9, 7 pm

Oldham County Singers Concert -

May 9, 8 pm

SOHS Choral Concert -

May 12 & 14, 8 pm

OCMS Choral Spring Concert -

May 13, 7pm

SOHS Art Show -

May 14 -16, FREE!

OC Historical Society Presents "Voice of the Fugitive"-

May 15, 10:30 am

SOHS Talent Show -

May 15, 7 pm

Louisville Youth Theatre presents "Narnia, The Musical"

Public Performance- May 30, 2 pm & 7 pm; May 31, 2 pm & 6 pm

School Performance- May 29, June 1, 9:30 am and 11:30 am

NOHS Grease -

June 5 and 6, 7 pm (Call NOHS for information.)

Summer Camps

Mini- Musical Theatre Camp (Ages 6-9 Yrs) June 15-19, 1 pm - 4 pm; \$160

Theatre Scene Design Art Camp (Ages 6-9 Yrs) June 15-19, 10 am - 12 pm; \$110

Rock 'n Roll Explorations Camp (Ages 7-12 Yrs) June 22 - 26, 9 am-12 pm; \$175

School of Rock Camp (Ages 10-17 Yrs) June 22-26, 1 pm - 5 pm; \$225

Comic Book Art Camp (2nd Grade & up) June 22-26, 1 pm - 3 pm; \$125

Super Hero/Princess Art Camp (Ages 4 & up) July 6-10, 10am - 12pm; \$125

Fairy Princess Dance Camp (Ages 3 1/2 - 6) July 6-10, 1 pm - 3 pm; \$120

Girls Rock! Camp (Ages 7-17 Yrs) July 13-17, 9 am - 12 pm; \$175

Digital Photography (7-12 Grades) July 13-17, 1 pm - 4 pm; \$150

Theatre Scene Design Camp (Ages 9 Yrs & up) July 20-24, 9 am - 12 pm; \$130

Summer Musical Theatre (Ages 9 Yrs & up) July 20-24, 1 pm - 4 pm; \$180

Chamber Music Camp (Advanced Players) July 27-31, 9 am - 12 pm ; \$170

All About Clay Art Camp (1st - 3rd Grades) July 27-31, 10 am - 12 pm; \$150

All About Clay Art Camp (4th Grade & up) July 27-31, 1 pm - 3 pm; \$150

Lavelle Smith Jazz/Hip Hop Camp (Grades 5-12)

Individuals: August 3-7, 9 am - 12 pm; \$100/ea

Dance Teams: August 3-7, 9 am - 3 pm; \$125/ea

Artist in Residence Tours the District

The Oldham County Schools Arts Center's exciting new Artist in Residence program encompasses all that we are striving for in developing a community of united learners through collaborations between students, teachers, community members and artists. The OCSAC is excited to welcome world-renowned musician Harry Pickens to Oldham County. An incredibly talented, inspiring, and versatile musician, Harry Pickens's recordings, concerts, and workshops have touched the lives of over 250,000 people over

the past 25 years. He is a pianist, composer, teacher, organizational consultant, and engaged citizen. His international career as a jazz pianist has taken him to 17 countries throughout Europe, Asia, and the Americas, collaborating with many top names in the jazz field. As an educator Mr. Pickens has been a classroom teacher on the elementary, middle school, high school, and collegiate levels. He is a featured artist in the KET Arts Toolkit and the Kentucky Governor's School for the Arts, and he currently

presents over 100 workshops, concert performances, and keynote addresses annually.

Mr. Pickens will visit schools in the district, working with each school's music program to help students create an original musical piece that will be performed at a final gala concert. Many thanks go to those who have funded this year's residency: The Sutherland Foundation and the Raymond and Irene Wilborn Charitable Foundation.



World-renowned musician Harry Pickens serves as OCSAC's new Artist in Residence.

WHAT'S HAPPENING!™

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Oldham County Health Department

How Much Physical Activity Do Children Need?

Children and adolescents should do 60 minutes or more of physical activity each day. This may sound like a lot, but don't worry! Your child may already be meeting the Physical Activity Guidelines for Americans. Encourage your child to participate in activities that are age appropriate, enjoyable and offer variety! Just make sure your child or adolescent is doing three types of physical activity:

1. Aerobic Activity. Aerobic activity should make up most of your child's 60 or more minutes of physical activity each day. This can include either moderate-intensity aerobic activity, such as brisk walking, or vigorous-intensity activity, such as running. Be sure to include vigorous-intensity aerobic activity on at least 3 days per week.

2. Muscle Strengthening. Include muscle strengthening activities, such as gymnastics or push-ups, at least 3 days per week as part of your child's 60 or more minutes.

3. Bone Strengthening. Include bone strengthening activities, such as jumping rope or running, at least 3 days per week as part of your child's 60 or more minutes.

What Can I Do to Get — and Keep — my Child Active?

As a parent, you can help shape your child's attitudes and behaviors toward physical activity, and knowing these guidelines is a great place to start. Encourage your child to be physically active for one hour or more each day, with activities ranging from informal, active play to organized sports. Here are some ways you can do this:

- Set a positive example by leading an active lifestyle yourself.
- Make physical activity part of your family's daily routine by taking family walks or playing active games together.
- Give your children equipment that encourages physical activity.
- Take young people to places where they can be active, such as public parks, community baseball fields or basketball courts.
- Be positive about the physical activities in which your child participates and encourage them to be interested in new activities.

A community survey rated poor diet and inactivity as having the greatest negative impact on the overall health of our community.

- Make physical activity fun. Activities can range from team sports or individual sports to recreational activities such as walking, running, skating, bicycling, swimming, playground activities or free-time play.
- Instead of watching television after dinner, encourage your child to find fun activities to do on their own or with friends and family, such as walking, playing chase or riding bikes.
- Be safe! Always provide protective equipment such as helmets, wrist pads or knee pads and ensure that activity is age-appropriate.

Content source: Division of Nutrition, Physical Activity and Obesity, National Center for Chronic Disease Prevention and Health Promotion

Kid's Cooking Camp!

Is your child interested in cooking? The Oldham County Health Department, Cooperative Extension Service and 4-H are partnering to provide a Kids Cooking Camp the week of June 15 through the 19th. Campers, ages 8 to 12, will explore the basics of cooking, food safety and the food guide pyramid. The camp will be held 9:30 until noon at the Oldham County Cooperative Extension Service at 1815 North Highway 393. The cost is \$5 and checks should be made payable to the Oldham County Health Department. Space is limited. For registration or questions you may call the health department at 222-3516, ext. 145.



Oldham County Health Department

1786 Commerce Pkwy., LaGrange, KY 40031 • Ph:502/222-3516 • Fax: 502/222-0816

Hours:

Monday, Tuesday and Wednesday 7:30 am - 4:30 pm • Thursday 7:30 am - 6 pm
Friday 7:30 am - 4 pm

www.oldhamcohd.com

FREE RADON TESTING

Radon is a colorless, odorless gas found in soil, rock and water. Radon can get into your home and cause harm to you and your family. In fact, the Surgeon General has warned that radon is the second leading cause of lung cancer in the United States today. Testing is the only way to know if you and your family are at risk from radon. The Oldham County Health Department has free yearlong radon test kits. Pick one up today.